

Members Update March and April 2015

East Beaches Regional Complex Inc.



www.living360.ca

#36058 Hwy 12
Box 330
Grand Marais, Mb.
ROE 0T0
Contact: info@living360.ca



www.facebook.com/www.living360.ca

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Founding Stakeholders

- ◆ East Beaches Recreation & Wellness Coalition
- ◆ Grand Beach & Area Development Corporation
- ◆ Grand Marais Recreation Association Inc.
- ◆ Grand Marais & District Senior Citizens
- ◆ R.M of St. Clements
- ◆ R.M of Alexander

The EBRCI Board of Directors

Marilyn Schneider President

Walter Kleinschmit V.P.

Dennis Wasyluniuk Secretary/Recorder

Catherine Chapman Treasurer

Directors at Large

Jack Aspin

Roger Batchelor

Roberta Carriere

Ed Gunning

Margaret Murray-Haddad

Dave Rogne

Holly Vezina

- The Board meets every
2nd Thursday each Month



LET'S TALK

MENTAL HEALTH

MAKE IT YOUR BUSINESS

I.E.R.H.A. invites you to drop by for
"Coffee and a Chat" in recognition of
Mental Health Week

WEDNESDAY, MAY 6th, 2015

1 p.m. - 3 p.m.

Hosted by **EBRCI** at Grand Marais
Community Central, #36058 Hwy 12 in
Grand Marais. See you there!

Info: Robyn Laurie at 1(204)444-6412.



Grand Marais Community Central 36058 Highway 12 <http://www.GrandMaraisCCandrvpark.ca/>

The Grand Marais Community Central building is located centrally within the East Beaches of Manitoba about a half kilometre from Grand Beach Provincial Park. Hidden behind GMCC is a lovely RV park complete with laundry facilities. Currently the building is fully staffed between May and October and is home to...

- ◆ A *Travel Manitoba Tourist Kiosk* plus a Welcome Centre where guests of the R.V. Park register for seasonal or short stays.
- ◆ The Heritage Wing – which will see completion this Spring of 2015—Grand opening July 1, 2015
- ◆ The large grounds feature a Veterans Memorial and benches, a Memorial Garden and a Playground.
- ◆ Within the GMCC there is renovated rental space for wellness-related professional services.

Living360 is the vision of the East Beaches Regional Complex Inc. for the East Beaches community of Manitoba. The vision of EBRCI, through Wellness, Lifestyle and Recreation is also a promise to develop projects to provide the East Beaches community with health, security, quality of life support along with a centre for their social lives.

SPRING INTO WELLNESS DAY SUCCESS!

The Grand Marais Community Central was a busy place on Friday, April 10th, when the **EAST BEACHES REGIONAL COMPLEX INC.** opened its doors for a one-day **SPRING INTO WELLNESS** event. The goal for the day was to attract East Beaches residents and provide them with information, not only about the vision for the building but also further the concept of Living 360 being a centre for wellness and healthy living. This was achieved by a capacity crowd of 70+ receiving a day of excellent presenters and displays. Staff from the Interlake Eastern Regional Health Authority came to assist with their Mobile Wellness Team.

Bannock & coffee



Marilyn welcoming the participants



Thank you to all those who supported this day, as participants and as volunteers.

This event was paid for by a grant from "Healthy Together Now", and donations in kind from various local organizations.

MARK YOUR CALENDARS:

The HERITAGE WING of the GMCC building.

This Wing will be open **Saturday, May 16, between 1 -5 p.m.** for a 'sneak peek' at the newest Interpretive Centre at GMCC.

www.grandmaraisccandrvpark.ca/heritage_rm.html

DEDICATION of the VETERANS' MEMORIAL GARDEN.

You are cordially invited to attend the dedication ceremony of the East Beaches Veterans Memorial Garden **Saturday June 6, 2015, at 1:30 pm** on the grounds of GMCC. Refreshments to follow.

JULY 1st is the Scheduled OPENING of the HERITAGE WING of the GMCC building.

The aquarium will be restocked, cleaned and ready for inspection.

OUR NEWEST BOARD MEMBER: Welcome to our newest Board member: Holly Vezina. Holly is looking to return to her roots in this area, and brings her extensive nursing background to take on the task of **Chair of the Medical Committee**. This group is working to find the medical professionals necessary to provide on-site care for East Beaches residents and visitors. If anyone wishes to join this Committee, please contact either Holly Vezina or Marilyn Schneider for more information. ebrc@living360.ca

The playground at Grand Marais Community Central is almost finished! The structure needs to be in a deeper sand base and the cedar border needs to be put into place. Weather permitting we will be done by mid-May, prior to the May long weekend. Welcome Spring and our summer campers and residents!

Laura Tutlies, Coordinator – 204-754-2224



RV PARK OPENING DATE

The Opening date for the **RV Park** is the **May Long Weekend**. The **GMCC Building** will be open **Tuesday May 5th**. Call (204)754-3596 and or check the website: [at www.grandmaraisccandrvpark.ca](http://www.grandmaraisccandrvpark.ca) for site available and booking information.